### MIDDLE SCHOOL STUDENT ASSISTANCE TEAM MEMBERS

#### Eagle View Middle School

Mr. J. Gallagher	Principal
Mrs. K. Trybulsky	Asst. Principal
Mrs. L. Cook	Nurse
Ms. J. Hollar	Counselor
Mrs. L. Fones	Counselor
Mr. G. Crispino	Counselor
Mr. G. Maus	Psychologist
Mrs. C. Clippinger	Teacher
Mrs. A. Freas	Teacher
Mr. A. Thompson	Teacher
Mrs. A. Zitsch	Teacher
Mrs. C. Yanity	Teacher
Miss. K. Sassaman	Teacher
Mrs. S. Maus	Teacher
Mrs. K. Althouse	Secretary

#### Good Hope Middle School

Mr. J. Hosenfeld	Principal
	1
Mr. R. Riegel	Asst. Principal
Mr. M. Orfanos	Teacher
Mrs. P. Baillie	Teacher
Mr. B. Chrisemer	Teacher
Mrs. C. Gruber	Teacher
Mrs. C. Lewis	Teacher
Mrs. K. Fultz	Teacher
Mrs. C. Reidy	Nurse
Mrs. B. Fratus	Psychologist
Mrs. A. Miller	Behavioral Specialist
Mrs. K. Urban	Counselor
Mr. M. Rose	Counselor
Miss L. Navin	Counselor
Mrs. R. Yohe	Secretary

#### All Teams

Cumberland/Perry Drug & Alcohol Counselors	
Mrs. B. HerbsterLiaison for High School & Middle Schools	
Mr. C. AuckerLiaisons for Middle Schools	
Teenline Counselors	
Ms. B. MaurerLiaison for High School & Good Hope Middle School	
Ms. K. EckrothLiaison for Eagle View Middle School	
Mrs. I. WeigleSchool Social Worker	

### HIGH SCHOOL STUDENT Assistance Team Members

	Mr. B. Robinson	Asst. Principal
	Mr. E. Landis	Counselor
9th	Mrs. K. Clements	Counselor
Grade	Mr. D. Porter	Teacher
SAP	Mrs. C. Miller	Teacher
Team	Mrs. J. Croft	Teacher
reum	Dr. J. Coslett	Psychologist
	Mrs. M. Ferguson	Secretary

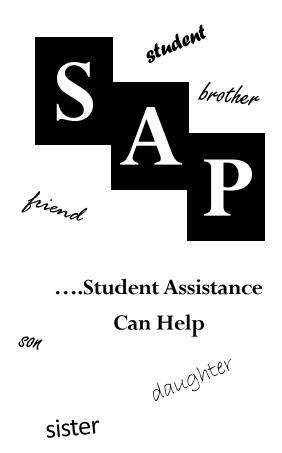
	Mr. N. Wilson	Asst. Principal
	Mrs. W. Fry	Counselor
10th	Mr. M. Ryan	Counselor
Grade	Ms. A. Polillo	Teacher
SAP	Ms. J. Getty	Teacher
Team	Mrs. J. Whitehead	Teacher
rcam	Dr. J. Coslett	Psychologist
	Mrs. M. Ferguson	Secretary

	Mr. D. Gilbert	Asst. Principal
	Mr. K. Mullen	Counselor
11th	Ms. E. Bashore	Counselor
Grade	Mrs. J. Mealy	Teacher
SAP	Mrs. B. Nahf	Teacher
	Ms. S. Knerr	Teacher
Team	Dr. J. Coslett	Psychologist
	Mrs. M. Ferguson	Secretary

	Dr. M. Jones	Asst. Principal
	Mrs. S. Weary	Counselor
12th	Mrs. K. Baldwin	Counselor
Grade	Mr. E. Novak	Teacher
SAP	Mrs. M. Speca	Teacher
Team	Mrs. M. Reich	Teacher
rcum	Dr. J. Coslett	Psychologist
	Mrs. M. Ferguson	Secretary

## 2017-18 Cumberland Valley School District

# Are You Worried About Someone ?



# STUDENT ASSISTANCE PROGRAM

#### WHAT IS THE STUDENT ASSISTANCE PROGRAM (SAP)?

In Pennsylvania, every middle, high school, and some elementary schools have a Student Assistance Program (SAP). A SAP Team made up of school and community agency staff is here to help you access school and community services. If your child is having trouble in or out of school, we can help, as there may be times when you just do not know how to help. That's okay; someone else may know how to help. Don't feel embarrassed or uncomfortable about asking for help. When extra help is needed, knowing how and where to find it can be overwhelming.

#### IS YOUR CHILD EXHIBITING ANY OF THESE BEHAVIORS?

- Withdrawing from family, friends and/or school
- Changing friends; no longer spending time with old friends
- Unexplained physical injuries
- Talking about suicide
- Depressed
- Defying authority, both at home and at school
- Acting aggressively
- Lying
- Needing money without an explanation
- Sudden drop in grades
- Experimenting with drugs or alcohol

#### ARE YOU CONCERNED ABOUT YOUR CHILD'S REACTION TO:

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem

# How does my child become involved in the program?

Our team will help you find services and assistance within the school and, if needed, in the community. We do not diagnose, treat, or refer your child for treatment. Rather, we will provide you with information; **YOU** make the choices.

#### REMEMBER, YOU ARE PART OF OUR TEAM.

Our goal is to help your child succeed in school. Students come to the SAP team in different ways. Anyone can refer a student to SAP. Some students are referred by teachers and other school personnel. Any school staff member, a student's friend, or family member, can let the SAP team know that they are worried about someone. The students themselves can even go directly to the SAP team to ask for help. However, the SAP team will not become involved unless we receive *both* parent and student permission.

#### WHAT IF SOMEONE HAS ALREADY REFERRED MY CHILD TO SAP

First, know that your child was referred because someone is concerned about observable changes they are seeing in your child. Perhaps a teacher or friend has noticed changes in behavior and habits that you may or may not have noticed at home. Your observation of your child at home are important.

The SAP team will request that you sign a permission form for your child to become involved in the program. Once you sign, the SAP team will begin to work with your child and keep in touch with you. If you feel you need more information before making a decision, please let your SAP team know. If you do not sign the permission form, the SAP team will NOT become involved. Participation is voluntary.

# WHAT HAPPENS AFTER I GIVE MY PERMISSION?

There are several steps that the team will take after you sign the permission form:

1. The team will gather specific information about your child's performance in school from all school staff who have contact with your child.

2. Together, you and the SAP team will develop a plan of action to help your child achieve success in school. The plan might include services and activities in school and/or services from a community agency. Either a SAP team member or agency liaison will keep in touch with you. We remain concerned and interested in your child.

#### CONTACTING YOUR SCHOOL'S SAP PROGRAM

If you feel that your child may need help, call your child's school and ask to speak with a Student Assistance team member or your child's guidance counselor. Someone will be there to help you.

### PRIVACY

The Student Assistance Teams and the school will respect you and your child's privacy at all times.

