

# Transition Resource Guide



**Cumberland Valley School District**  
**Special Education Department**  
**2016-2017 School Year**

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## POST-SECONDARY OPTIONS

**Please contact each school's Office of Disabilities when requesting information or scheduling a tour to determine what services and accommodations they can provide.**

### Vocational/Technical Schools

- Thaddeus Stevens College Of Technology  
750 East King Street, Lancaster, PA  
1-800-842-3832  
[www.stevenscollege.edu/](http://www.stevenscollege.edu/)
- Harrisburg Area Community College (HACC)  
(Midtown Campus-Technology/Trade Training)  
One HACC Drive, Harrisburg, PA 17110  
717-780-2300  
[www.hacc.edu](http://www.hacc.edu)
- YTI Career Institute - Home Office  
1400 Williams Rd, York, PA 17402  
717-757-1100  
<http://www.yti.edu>
- Pennsylvania College of Technology  
One College Avenue  
Williamsport, PA 17701  
570-326-3761  
[www.pct.edu](http://www.pct.edu)
- Hiram G. Andrews Center  
727 Goucher Street, Johnstown, PA 15905  
  
814-255-8200  
  
[www.hgac.org](http://www.hgac.org)
- Website Resources:  
<http://www.pacareerstandards.com/>  
<http://www.collegebound.net/vocational-school-guide/>  
<http://www.khake.com/page36.html>

### Local Post-Secondary Education-(Traditional)

- Harrisburg Area Community College (HACC)  
One HACC Drive, Harrisburg, PA 17110  
717-780-2300  
[www.hacc.edu](http://www.hacc.edu)
- Shippensburg University of Pennsylvania  
1871 Old Main Drive, Shippensburg, PA 17257  
(717) 477-7447  
[www.ship.edu](http://www.ship.edu)
- Central Penn College  
600 Valley Rd., P.O. Box 309, Summerdale, PA 17093-0309  
1-800-759-2727  
[www.centralpenn.edu/](http://www.centralpenn.edu/)
- Penn State-Harrisburg Campus  
777 West Harrisburg Pike, Middletown, PA  
717-948-6250  
<http://harrisburg.psu.edu>
- Millersville University  
P.O. Box 1002, Millersville, PA 17551-0302  
717-871-4636  
<http://www.millersville.edu/>
- York College of Pennsylvania  
441 Country Club Road, York, PA 17403-3651  
717-846-7788  
[www.ycp.edu](http://www.ycp.edu)
- Dickinson College  
P.O. Box 1773, Carlisle, PA 17013  
(800) 644-1773  
[www.dickinson.edu](http://www.dickinson.edu)

- Messiah College  
One College Avenue Mechanicsburg PA 17055  
717-766-2511  
www.messiah.edu
- Website Resources: [www.educationplanner.org](http://www.educationplanner.org)  
<http://www.going-to-college.org/>

## Local Post-Secondary Education-Specialty School

- The Janus School, Mount Joy, PA <http://thejanusschool.org/beta/>  
The primary criteria for admission to The Janus School includes consideration of an individual's diagnosis of a learning difference, (such as Specific Learning Disorder, ADHD, Asperger's Syndrome, etc.) their potential for skill improvement, and the absence of a primary emotional or behavioral disability.

## Local Post-Secondary Education (Non-Traditional)

- Harrisburg Area Community College  
Programming for Individuals with Intellectual Disabilities  
Culinary and Certified Nursing Assisting Programs  
The certificate program provides individuals with developmental disabilities the opportunity to learn career-related skills alongside peers without disabilities, experience campus life, network with peers and employers in an industry of interest, prepare to sit for industry-recognized exams and gain skills for integrated community employment.  
Contact Information: Linda Leaven  
Email: [lhleaven@hacc.edu](mailto:lhleaven@hacc.edu)  
NON-Residential
- East Stroudsburg University-Career Independent Living and Learning Studies  
Career, Independent Living & Learning Studies (CILLS) is a program sponsored by East Stroudsburg University that is designed to provide individuals with intellectual disabilities with a learning experience in a campus environment where life and work skills are

accelerated by daily encouragement in the life of a university. The program includes living off campus and acquiring proficiency to function among others without disabilities on campus. In addition, the program provides personal development activities combined with classes designed to develop essential skills for independent living and future employment.

Program Coordinator  
Special Education & Rehabilitation  
Dr. Domenico Cavauiolo  
[dcavauiolo@esu.edu](mailto:dcavauiolo@esu.edu)  
(570) 422-3893

OFF-CAMPUS Housing -Residential

[http://www4.esu.edu/academics/departments/special\\_education\\_rehabilitation/career\\_independent\\_living\\_learning\\_studies.cfm](http://www4.esu.edu/academics/departments/special_education_rehabilitation/career_independent_living_learning_studies.cfm)

- Millersville University –Career and Life Studies Program

Millersville University supports students with an intellectual disability enrolled in Career & Life Studies, a four-semester post secondary initiative for young adults with an intellectual disability who are interested in participating in an academic, vocational and social university experience

On-Campus-Residential

<http://www.millersville.edu/careerlifestudies>

- DREAM PARTNERSHIP

The Mission of the D.R.E.A.M. Partnership is to develop a selection of postsecondary educational opportunities for students with intellectual disabilities in Pennsylvania that includes independent and supported dormitory options.

<http://dreampartnership.org/>

The D.R.E.A.M partnership can assist families with linking with colleges/universities that offer programming for students with Intellectual Disabilities like these :

- Penn State Harrisburg-Inclusive Post-Secondary Program

The Inclusive Post-Secondary program in customer relations provides the opportunity for students with intellectual disabilities to complete customer relations coursework, participate in campus activities, and explore career opportunities in the workplace. Completion of the program leads to a Customer Relations Certificate.

NON-Residential

<http://harrisburg.psu.edu/career-studies-program/program-information>

- Website Resource: [www.thinkcollege.net](http://www.thinkcollege.net)

## Adult Day (Habilitation) Programming

- Red Tomato Farm and Inn-Newville

It is owned and operated by Hempfield Behavioral Health. It is a dedicated Adult Training Facility designed for individuals who have with intellectual disabilities. The aim of their farm is to provide adults with intellectual disabilities meaningful work rooted in farm tasks that create opportunities to interact with the general public and community. 717-221-8004

<http://www.hempfieldpa.com/red-tomato-farm---inn.html>

- Able Services a division of Leg Up Farms-York

Able-Printers is located in our building, providing a team of talented adults with special needs the opportunity to work in a business setting. There is also an on-site commercial greenhouse program, Able-Growers, allows the skills for growing and managing plants to be incorporated into all elements of training and activities. Participants will explore skill areas such as pre-vocational training, activities of daily living, social skills, communication, leisure/fitness/recreation, nutrition and health, community participation, and self-advocacy.

3100 North George Street, York, PA  
(717) 384-6130 x3100  
<http://www.able-services.org>

- Hope Springs Farm-Hershey

The mission of Hope Springs Farm is to provide adults with intellectual disabilities meaningful work on a farm and joyful group activities that lead to satisfying friendships in a licensed adult day program. Hope Springs Farm is a scenic 17-acre farm located in the quiet countryside of Hershey, Pennsylvania.

Hope Springs Farm's goal is to provide adults with developmental and intellectual disabilities or autism a day program to maximize their abilities. Participants, or "Growers," as they are called, are tasked with farm chores, from feeding the animals to weeding the gardens. They learn a variety of home-life skills, such as cooking, baking, cleaning, and shopping. Growers also regularly participate in educational, civic and leisure activities, like visiting the library, swimming, taking field trips, and volunteering in the community.

201 Trail Road, Hershey, PA 17033  
717-298-1845

<http://www.hopespringsfarm.org/>

- United Cerebral Palsy (UCP) PATHWAYS Program:

This program is located in the strip mall across from the Capital City Mall and is considered a HUB 4 program as it is geared toward customized or competitive employment in 18 month to 2 year period of time. This is a post-secondary 2 year program. Pathways will help students with job exploration/obtainment in the second year of the program if clients are not already employed somewhere.

Individuals are assessed via a 20 day initial assessment to determine appropriateness of the program for them. If individuals are unable to pass the assessment, they are not able to continue on in the Pathways programming.

Curriculum includes:

Disclosure of Disability, Self-Awareness, Rights and Responsibilities, Citizenship, Money skills, Cooking skills, Cleaning skills, Laundry skills, Nutrition lessons, Cyber awareness, Independent Living, Vocational Skills training

PATHWAYS is designed for individuals who are nearing being ready for customized or competitive employment.

Participants will need to apply through their county (CP MH/IDD) for admission.

<http://www.ucpcentralpa.org/>

- United Cerebral Palsy (UCP) Stepping Stones Program: Harrisburg location

This program is located on 6th street in Harrisburg and is considered a HUB 3 program as it is geared toward preparing individuals for the Pathways Program and is designed for individuals who may need more support in preparing for being ready for customized or competitive employment. It does not have a set time length like the Pathways program does.

Each individual participates in a curriculum portion of the day that focuses on skill development and increasing independent living skills. Individuals also participate in a community portion of the day where they leave the facility to immerse themselves in the community such as the library, mall, shopping, parks, etc. They also participate in volunteering at various community service sites such as Kaitlyn's Smiles, Meals on Wheels, etc.

The Stepping Stones program is designed to empower each participant to focus on, and make progress in three particular skills sets: Communication, Volunteerism, and Vocational skills.

Participants will need to apply through their county (CP MH/IDD) for admission and must work with them for transportation needs, if they need that service.

<http://www.ucpcentralpa.org/>

- UCP's Alternatives Program: Multiple locations

The UCP Alternatives programs are considered HUB 1 and HUB 2 programs. They have various locations in the region.

Alternatives Adult Day Programs are more traditional center-based programs, offered in 10 locations. These programs offer a wide range of on-site activities and an option for community activities for program participants.

<http://www.ucpcentralpa.org/AdultswithIntellectualDisabilities/AdultDayProgram.aspx>

- United Cerebral Palsy (UCP)/The ARC of Cumberland and Perry Counties (CPARC) Neighbors Program: 3 locations, including Carlisle and Mechanicsburg locations

The main component of the Neighbors programs is community involvement. Participants are in the community on a weekly daily basis, some daily. They visit places such as City Island for Senators Baseball games, Bass Pro Shop, Chocolate World, the State Museum, the Historical Society, Wildwood Lake, Sports Emporium and Kings Gap. Participants also enjoy shopping, going to the library, picnics, going bowling, going to the SPCA and going to the movies, visiting museums, going out to eat or for coffee and pastries, and going to the Sports Emporium.

Located in downtown areas, participants take advantage of the local community. They walk and shop downtown as well as eat in many of the local restaurants. In order to remain active, both programs will remain small in the number of daily participants. While at the programs, participants can choose from a variety of activities. Some participants enjoy using the computer to play games, research information, set up and check e-mail accounts, and type word documents. Many participants also enjoy playing cards and board games, making crafts, reading the newspaper, listening to the radio, watching movies, working on educational skills, and socializing with friends

<http://www.cparc.org/#!/pffp-neighbors/c24xw>

- United Cerebral Palsy (UCP) Bridges Adult Day Program

Bridges Adult Day Program is a collaborative effort with Goodwill Keystone Area that provides a community-based program to adults attending both Goodwill Community Skills and Alternatives Cameron Street in Harrisburg.

Participants will need to apply through their county (CP MH/IDD) for admission.

<http://www.ucpcentralpa.org/AdultswithIntellectualDisabilities/AdultDayProgram.aspx>



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Participants will need to apply through their county (CP MH/IDD) for admission.

<http://www.ucpcentralpa.org/AdultswithIntellectualDisabilities/AdultDayProgram.aspx>

## Transition Resources

### **Financial Support**

*Social Security Administration*

[www.ssa.gov](http://www.ssa.gov) (866) 964-5056 or (800) 772-1213

*Goodwill* –assistance with benefits planning and coordination of paid employment and SSI/SSDI benefits.

Jen Kistler

[jkistler@yourgoodwill.org](mailto:jkistler@yourgoodwill.org)

Toll Free: 1-888-960-WORK

Website: [icanworknow.org](http://icanworknow.org)

General Benefits Questions : 1-866-968-7842

### **Employment and Work Agencies**

*PA Career Link* – assistance with job training and placement

[www.cwds.pa.gov](http://www.cwds.pa.gov)

*AHEDD* – employment and training services for persons with disabilities

[www.AHEDD.org](http://www.AHEDD.org) (717) 763-0968

*Goodwill Employment Services* – employment and training services for persons with disabilities

[www.yourgoodwill.org](http://www.yourgoodwill.org) (717) 232-1831

**For a List of Employment Resources/Agencies in your area:**

[www.chooseworkttw.net/findhelp/](http://www.chooseworkttw.net/findhelp/)

*Office of Vocational Rehabilitation* – serves people with disabilities who are seeing jobs with job placement

[www.dli.state.pa.us/ovr](http://www.dli.state.pa.us/ovr)

Cumberland County (717) 787-7834

*ResCare* - offers residential and support services, education, vocational training and job placement for people with disabilities

[www.rescare.com](http://www.rescare.com) (717) 243-4431

*S. Wilson Pollock Center for Industrial Training (CIT)* - provides training and employment opportunities to individuals with disabilities and other vocational challenges

<http://www.cparc.org/#!/pollock-center/csk0> (717) 766-8512

*Shadowfax* –supports individuals with disabilities with supported employment, job placement, vocational training, in home supports, community based programming, and life skills training.

[www.shadowfax.org](http://www.shadowfax.org) (717) 848-1807

*Askjan.org*-The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities enhance their employability, and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

[www.askjan.org](http://www.askjan.org)

### **County Agencies**

*MH/IDD* – serves individuals in the community with mental illness, intellectual disabilities and developmental delays in order to enhance their quality of life and provide an opportunity to reach their fullest potential

Cumberland County IDD – (717) 240-6325

Cumberland County MH - (717) 240-6450

*UCP* - provides both community and center-based programs and services to individuals with disabilities

<http://www.ucpcentralpa.org> (717) 737-3477

*The Arc of Central Pennsylvania* (CPARC)- provides support, training, and opportunities to people with intellectual disabilities and their families

Cumberland County [www.cparc.org](http://www.cparc.org) (717) 249-2611

### **Transportation Services**

*Capital Area Transit* – information on local public transportation

<http://www.catttransit.com>

(717) 238-8304

*Rabbit Transit* – information on local public transportation

<http://www.rabbittransit.org>

(717) 846-7433

## **Autism Services**

*ASERT* - supporting individuals with autism and their families throughout Pennsylvania

<http://www.paautism.org> (877) 231-4244

*Keystone Autism Services* - works to support individuals with disabilities become valued, fully participating and contributing members of their community

<http://www.keystonehumanservices.org>

(717) 232-7509

*Bureau of Autism* - develop and manage services and supports to enhance the quality of life of Pennsylvanians living with Autism Spectrum Disorders (ASD) and to support their families and caregivers

[www.dhs.state.pa.us](http://www.dhs.state.pa.us)

(866) 539-7689

*Autism Employment Guides-(also good information for individuals with other disabilities)*

## **An Employer's Guide to Hiring and Retaining Employees with Autism Spectrum Disorders**

[https://www.autismspeaks.org/sites/default/files/docs/employer\\_guide\\_to\\_hiring\\_and\\_retaining.pdf](https://www.autismspeaks.org/sites/default/files/docs/employer_guide_to_hiring_and_retaining.pdf)

## **A Parent's Guide to Employment for Adults with Autism Spectrum Disorders**

[https://www.autismspeaks.org/sites/default/files/docs/employment\\_tool\\_kit\\_parent\\_booklet.pdf](https://www.autismspeaks.org/sites/default/files/docs/employment_tool_kit_parent_booklet.pdf)

## **Autism in Big Business Report -Big Businesses that hire individuals with ASD**

[https://www.autismspeaks.org/sites/default/files/docs/qbe\\_large\\_business\\_report.pdf](https://www.autismspeaks.org/sites/default/files/docs/qbe_large_business_report.pdf)

## **Disability Services**

*BBVS - Bureau of Blindness and Visual Services*

[http://www.portal.state.pa.us/portal/server.pt/community/blindness\\_and\\_visual\\_services/10367](http://www.portal.state.pa.us/portal/server.pt/community/blindness_and_visual_services/10367) (877) 231-4244

(717) 787-7500

*ODHH-Office of the Deaf and Hard of Hearing.*

<http://www.portal.state.pa.us/portal/server.pt?open=514&objID=552291&mode=2>

(717) 783-4912

## **Education Services**

*Capital Area Intermediate Unit #15*

<http://caiu.org/>

(717) 732-8400

## **Special Needs Estate Planning**

*Cherewka Law*

<http://cherewkalaw.com/>

(717) 717-232-4701

## **General Support**

*New Hope Ministries*

<http://nhm-pa.org/>

(717) 766-7333

(Budgeting skills, Employment skills, etc)

*Variety the Children's Charity*

<http://www.varietypittsburgh.org> (724) 933-0460

Variety enables children with disabilities to live life to the fullest and to have opportunities to discover the possibilities for their own lives.

Parent To Parent of Pennsylvania 1-888-727-2706

[www.parenttoparent.org](http://www.parenttoparent.org)

Links parents and family members of children with disabilities to other parents/family members of children with disabilities on a 1:1 basis according to conditions or concerns

## Helpful Websites

- **PA Department of Special Education**     [www.education.pa.gov/K-12/Special Education](http://www.education.pa.gov/K-12/Special%20Education)
- **Secondary Transition Guide**  
[www.secondarytransition.org](http://www.secondarytransition.org)
- **Transition Checklist**  
[www.health.state.pa.us/transitionchecklist](http://www.health.state.pa.us/transitionchecklist)
- **Department of Labor and Industry**  
[www.dli.pa.gov](http://www.dli.pa.gov)
- **PA Department of Labor and Industry Career Guide**  
<http://www.portal.state.pa.us/portal/server.pt/community/publications/19877>
- **PaTTAN**  
[www.pattan.k12.pa.us](http://www.pattan.k12.pa.us)
- **Transition Assessments and Activities**  
<http://sped.sbcsc.k12.in.us/ppm/transitionplanning/transitionassessments.html>
- **Council for Exceptional Children**  
[www.cec.sped.org](http://www.cec.sped.org)
- **Center for Independent Living of Central Pennsylvania**  
[www.cilcp.org](http://www.cilcp.org)
- **Keystone Human Services**  
<http://www.keystonehumanservices.org/>
- **Living Unlimited**  
<http://www.living-unlimitedinc.com/>
- **ASERT-PA Autism Resource**  
<http://www.paautism.org/>
- **My Next Move-O\*Net**  
<http://www.mynextmove.org/>
- **Job Gateway**  
[www.jobgateway.pa.gov](http://www.jobgateway.pa.gov)
- **PA Career Zone**  
[www.pacareerzone.org](http://www.pacareerzone.org)
- **The ARC of Pennsylvania**  
<http://www.thearcpa.org/>
- **Works For Me**  
<http://worksforme-pa.org/>
- **Pennsylvania Jobs.com**  
<http://www.pennsylvaniajobs.com/>
- **Shared Work**  
[www.sharedwork.org](http://www.sharedwork.org)
- **The Lead Center**  
<http://www.leadcenter.org>
- **Pennsylvania Youth Leadership Network**  
[www.Pyln.org](http://www.Pyln.org)
- **Pacer's National Parent Center on Transition and Employment**  
[www.pacer.org/tatra](http://www.pacer.org/tatra)
- **Autism Transition Handbook**  
[www.autismhandbook.org](http://www.autismhandbook.org)
- **Area M Special Olympics**  
[www.sopam.org](http://www.sopam.org)
- **State of PA Health and Human Services Portal**  
[www.healthinpa.state.pa.us](http://www.healthinpa.state.pa.us)
- **The Peal Center (Special Needs Health Care Assistance)**  
<http://www.pealcenter.org/>

- **SSI and SSDI websites:**  
[www.socialsecurity.gov/work/WIPA.html](http://www.socialsecurity.gov/work/WIPA.html)  
[www.yourtickettowork.com](http://www.yourtickettowork.com)  
[www.cwds.state.pa.us](http://www.cwds.state.pa.us)
- **Benefits and Financial Planning**  
<http://www.specialneedsalliance.org/>
- **I'm A Leader**  
<http://www.imaleaderpa.org/>
- **I'm Determined**  
<http://www.imdetermined.org/>
- **Employment Resources**  
[www.chooseworkttw.net/findhelp/](http://www.chooseworkttw.net/findhelp/)