

Cumberland Valley Track and Field

Individual Top Marks Outdoors Only

Cumberland Valley [CV]

Number of Top Times: 20

Mark	Convert	Rnd	Name	Age/Yr		
Girls 100m Dash						
1	12.54	F	--- *I Mia Boardman		4/12/2022	Central Dauphin vs Cumberland Valley
2	12.4h	12.64 F	--- *I Mallory Johnson		5/2/2017	CD East
3	12.73	F	--- Quincey Robertson	11	5/6/2023	Stan Morgan Invitational
4	12.5h	12.74 F	--- *I Kaitlyn Bailey		4/14/2011	Harrisburg
5	12.74	F	--- *I Riley Ebersole		5/4/2021	Carlisle vs Cumberland Valley
6	12.6h	12.84 F	--- *I Katelyn John		3/1/2004	2004 TF Season
7*	12.7h	12.94 F	--- *I Rachael DeCecco		4/2/2013	Chambersburg
7*	12.7h	12.94 F	--- *I Regan Craig		5/1/2018	CD East
9	12.96	P	--- *I Alex Braxton		5/9/2008	Mid Penn TF Championship
10	13.04	F	--- *I Jonae Jackson		4/27/2021	Cumberland Valley vs State College
11*	12.8h	13.04 F	--- *I Taylor Jede		4/9/2019	State College
11*	12.8h	13.04 F	--- *I Nicole Erby		3/3/2003	2003 TF Season
13	13.04	P	--- *I Ally Deck		4/11/2009	Pan Ram Invitational
14*	13.06	F	--- Catherine Tiday	10	4/22/2023	Shippensburg Invitational
14*	13.06	F	--- *I Anna Post		4/27/2021	Cumberland Valley vs State College
16	13.09	F	--- *I Ashley Ross		5/3/2022	Carlisle
17*	12.9h	13.14 F	--- *I Gia Scignoli		3/1/1988	1988 TF Season
17*	12.9h	13.14 F	--- *I Sloane Casper		5/1/2007	Harrisburg
17*	12.9h	13.14 F	--- *I Alexis Warren		4/18/2006	CD East
17*	12.9h	13.14 F	--- *I Ellen Gale		3/5/1984	1984 TF Season
17*	12.9h	13.14 F	--- *I Lisa Barchuk		3/2/1992	1992 TF Season
17*	12.9h	13.14 F	--- *I Julie Brymesser		3/1/1988	1988 TF Season
Girls 200m Dash						
1	25.11	F	--- *I Mia Boardman		5/14/2022	Mid Penn TF Championship
2	25.37	F	--- *I Riley Ebersole		4/23/2022	Shippensburg Invitational
3	25.68	F	--- *I Taylor Jede		4/6/2019	Bruce Dallas Invitational
4	25.79	F	--- Quincey Robertson	11	6/2/2023	John Hays PA Distance Festival
5	25.6h	25.84 F	--- *I Rachael DeCecco		5/6/2014	State College
6	25.90	F	--- *I Ashley Ross		5/14/2022	Mid Penn TF Championship
7	26.19	P	--- *I Regan Craig		5/20/2016	District TF Championship
8	26.31	F	--- *I Sloane Casper		4/11/2009	Pan Ram Invitational
9*	26.1h	26.34 F	--- *I Jen Schrecknegast		3/1/1988	1988 TF Season
9*	26.1h	26.34 F	--- *I Katelyn John		3/1/2004	2004 TF Season
11	26.3h	26.54 F	--- *I Mallory Johnson		4/20/2017	State College
12	26.66	F	--- *I Alex Braxton		5/1/2010	Stan Morgan Invitational
13	26.6h	26.84 F	--- *I Paige Geatz		4/7/2015	Carlisle
14*	26.8h	27.04 F	--- *I Mackenzie Robertson		4/26/2016	Mifflin County
14*	26.8h	27.04 F	--- *I Alexis Warren		3/1/2004	2004 TF Season
16	27.12	F	--- *I Donia Abdalla		4/17/2016	Central Dauphin
17*	26.9h	27.14 F	--- *I Jasmine Stevenson		5/9/2011	Central Dauphin
17*	26.9h	27.14 F	--- *I Kaitlyn Bailey		5/9/2011	Central Dauphin
19	27.18	F	--- *I Jonae Jackson		5/8/2021	Stan Morgan Invitational
20	27.1h	27.34 F	--- *I Devan Noll		4/1/2014	Chambersburg
Girls 400m Dash						
1	56.13	F	--- *I Mia Boardman		4/23/2022	Shippensburg Invitational
2	56.15	F	--- *I Riley Ebersole		4/23/2022	Shippensburg Invitational
3	57.61	F	--- *I Rachael DeCecco		4/19/2014	Shippensburg Invitational
4	57.83	F	--- Quincey Robertson	11	5/19/2023	District 3 TF Championship

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	Mark	Convert	Rnd	Name	Age/Yr		
5	58.00		F	--- *I Nicole Erby	3/3/2003	2003 TF Season	
6	58.18		F	--- *I Taylor Jede	4/20/2019	Shippensburg Invitational	
7	59.0h	59.24	F	--- *I Jen Schrecknegast	5/18/1990	District 3 TF Championship	
8	59.24		F	--- *I Regan Craig	5/19/2017	District 3 TF Championship	
9	59.2h	59.44	F	--- *I Jen Gray	4/15/2004	Harrisburg	
10	59.53		F	--- *I Ashley Pines	4/4/2023	CD East	
11	59.7h	59.94	F	--- *I Cassandra Miley	3/1/1988	1988 TF Season	
12	59.8h	1:00.04	F	--- *I Lacey Higgins	4/18/2017	Harrisburg	
13	1:00.09		F	--- *I Sloane Casper	5/15/2009	District 3 TF Championship	
14	1:00.28		F	--- *I Olivia Barbacci	4/16/2019	Chambersburg	
15	1:00.32		F	--- *I Amanda Myers	4/23/2019	Carlisle	
16	1:00.1h	1:00.34	F	--- *I Jenny Bail	5/3/2016	State College	
17	1:00.49		F	--- *I Sydney Manns	5/4/2021	Carlisle vs Cumberland Valley	
18	1:00.50		F	--- *I Lauren Thompson	5/11/2007	Mid Penn TF Championship	
19	1:00.6h	1:00.84	F	--- *I Abby Huber	4/18/2006	CD East	
20	1:00.8h	1:01.04	F	--- *I Madelyn Blosser	4/30/2013	State College	
Girls 800m Run							
1	2:13.08		F	--- *I Mady Clahane	5/10/2014	Mid Penn TF Championship	
2	2:13.28		F	--- *I Abby Huber	5/25/2007	PIAA State TF Championship	
3	2:13.48		F	--- *I Ashley Pines	5/19/2023	District 3 TF Championship	
4	2:13.77		F	--- *I Nicole Erby	5/24/2002	District 3 TF Championship	
5	2:14.60		F	--- *I Jen Gray	5/28/2004	PIAA State TF Championship	
6	2:15.83		F	--- *I Laura Barnes	5/17/2013	District 3 TF Championship	
7	2:17.80		F	--- *I Lacey Higgins	5/18/2018	District 3 TF Championship	
8	2:17.89		F	--- *I Jen Schrecknegast	5/24/1991	PIAA State TF Championship	
9	2:18.7h	2:18.94	F	--- *I Lotte Eschen	5/20/1988	District 3 TF Championship	
10	2:20.74		F	--- *I Sammie Paul	5/15/2015	District TF Championship	
11	2:21.04		F	--- *I Lauren Thompson	5/16/2008	District 3 TF Championship	
12	2:20.9h	2:21.14	F	--- *I Marie Rulapaugh	5/9/2017	Mifflin County	
13	2:22.19		F	--- *I Theresa Burnham	5/16/2008	District 3 TF Championship	
14	2:22.37		F	--- *I Leigha Anderson	4/25/2009	Stan Morgan Invitational	
15	2:22.44		F	--- *I Sarah Frenette	5/20/2005	District 3 TF Championship	
16	2:22.65		F	--- *I Samantha Fickel	5/14/2005	Mid Penn TF Championship	
17	2:23.16		F	--- *I Carol Strock	4/14/2012	Pan Ram Invitational	
18	2:23.92		F	Juliana Graziano	10	5/6/2023	Stan Morgan Invitational
19	2:23.95		F	--- *I Joanne Pokrzywa	5/21/2010	District 3 TF Championship	
20	2:24.52		F	--- Greta Dwyer	11	4/29/2022	Cy Fritz Track & Field Open
Girls 1600m Run							
1	4:46.26		F	--- *I Mady Clahane	5/27/2016	PIAA State TF Championship	
2	4:57.43		F	--- *I Carol Strock	5/25/2012	PIAA State TF Championship	
3	5:01.60		F	--- *I Leigha Anderson	4/18/2009	Shippensburg Invitational	
4	5:02.71		P	--- *I Laura Barnes	5/23/2014	PIAA State TF Championship	
5	5:02.94		F	--- *I Nicole Erby	5/30/2003	PIAA State TF Championship	
6	5:10.39		F	--- *I Jen Gray	4/10/2004	PanRam Invitational	
7	5:10.43		F	--- *I Marie Rulapaugh	4/23/2016	Shippensburg Invitational	
8	5:10.74		F	--- *I Samantha Fickel	4/23/2005	Stan Morgan	
9	5:11.12		F	--- *I Paige Anderson	5/11/2007	Mid Penn TF Championship	
10	5:15.00		F	--- *I Abby Huber	4/14/2007	PanRam Invitational	
11	5:14.8h	5:15.04	F	--- *I Ashley Pines	4/14/2022	Chambersburg	
12	5:16.72		F	--- *I Darcy McKinleyLester	5/9/2008	Mid Penn TF Championship	

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	Mark	Convert	Rnd	Name	Age/Yr	
13	5:17.18		F	--- *I Jessie Huber	5/21/2010	District 3 TF Championship
14	5:17.23		F	--- *I Annabelle Werner	5/7/2016	Stan Morgan
15	5:17.75		F	--- *I Brianna Wagner	5/4/2019	Stan Morgan
16	5:19.61		F	--- *I Lanie Grogg	5/14/2022	Mid Penn TF Championship
17	5:20.59		F	--- *I Marina Steinmann	5/12/2006	Mid Penn TF Championship
18	5:21.5h	5:21.74	F	--- *I Melanie Stock	5/19/1995	District 3 TF Championship
19	5:23.14		F	--- Kennedy Lauer	5/6/2023	Stan Morgan Invitational
20	5:24.46		F	--- *I Dara Rhodes	3/1/1993	1993 TF Season
Girls 3000m Run						
1	9:56.58		F	--- *I Mady Clahane	4/23/2015	Penn Relays
2	10:09.98		F	--- *I Leigha Anderson	4/23/2009	Penn Relays
Girls 3200m Run						
1	10:24.83		F	--- *I Mady Clahane	5/20/2016	District TF Championship
2	10:41.11		F	--- *I Leigha Anderson	5/29/2010	PIAA State TF Championship
3	10:58.99		F	--- *I Paige Anderson	5/26/2006	PIAA State TF Championship
4	11:00.37		F	--- *I Marina Steinmann	5/26/2006	PIAA State TF Championship
5	11:05.71		F	--- *I Melanie Stock	5/29/1998	PIAA State TF Championship
6	11:06.85		F	--- *I Marie Rulapaugh	5/20/2016	District TF Championship
7	11:14.21		F	--- *I Darcy McKinleyLester	5/16/2008	District 3 TF Championship
8	11:24.1h	11:24.34	F	--- *I Dara Rhodes	5/21/1993	District 3 TF Championship
9	11:24.2h	11:24.44	F	--- *I Tara Rhodes	5/21/1993	District 3 TF Championship
10	11:33.4h	11:33.64	F	--- *I Carol Strock	4/2/2013	Chambersburg
11	11:44.19		F	--- *I Kate Vonah	4/2/2022	Bruce Dallas Invitational
12	11:45.17		F	--- *I Chloe Warrell	5/8/2021	Stan Morgan Invitational
13	11:45.20		F	--- *I Meghan Atkinson	5/14/2004	Mid Penn TF Championship
14	11:47.02		F	--- *I Brianna Wagner	4/13/2019	Pan Ram Invitational
15	11:47.7h	11:47.94	F	--- *I Liz Hill	5/5/2005	Harrisburg
16	11:51.53		F	--- *I Hayley Kidd	5/9/2008	Mid Penn TF Championship
17	11:51.84		F	--- *I Megan Howe	5/11/2013	Mid Penn TF Championship
18	11:52.0h	11:52.24	F	--- *I Jessie Huber	4/19/2007	Chambersburg
19	11:52.9h	11:53.14	F	--- *I Julie Hinderliter	3/2/1987	1987 TF Season
20	11:53.27		F	--- *I Hali McKinleyLester	5/11/2013	Mid Penn TF Championship
Girls 1 Mile Run						
1	4:58.39		F	--- *I Mady Clahane	4/28/2016	Penn Relays
Girls 100m Hurdles						
1	14.81		F	--- *I Rachael DeCecco	5/24/2013	PIAA State TF Championship
2	14.6h	14.84	F	--- *I Alex Braxton	4/27/2010	Central Dauphin
3	15.02		S	--- *I Mallory Johnson	5/19/2017	District 3 TF Championship
4	15.05		F	--- *I Kristen Jones	5/20/2005	District 3 TF Championship
5	15.32		S	--- *I Paige Geatz	5/20/2016	District TF Championship
6	15.90		F	--- *I Taylor Jede	5/7/2019	Central Dauphin
7	16.52		F	--- *I Alina Yates	5/14/2022	Mid Penn TF Championship
8	16.54		F	--- *I Sam Perry	5/2/2015	Stan Morgan
9	16.3h	16.54	F	--- *I Kelly Gergel	3/1/1982	1982 TF Season
10	16.84		P	--- *I Katherine Schneeberger	5/11/2007	Mid Penn TF Championship
11	16.7h	16.94	F	--- *I L Hickes	3/2/1992	1992 TF Season
12	16.96		P	--- Sefa Setuagbe	5/13/2023	Mid Penn TF Championship
13	16.98		F	--- *I Cora Heilman	3/30/2021	Harrisburg vs Cumberland Valley
14	17.03		F	--- *I Krystal Morrison	4/21/2012	Shippensburg Invitational
15	17.15		P	--- *I Whitney Bielawa	5/14/2004	Mid Penn TF Championship

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Number of Top Times: 20

	Mark	Convert	Rnd	Name	Age/Yr	
16*	17.0h	17.24	F	--- *I Lauren Bellis	5/9/2017	Mifflin County
16*	17.0h	17.24	F	--- *I Bridget Carson	5/1/2007	Harrisburg
16*	17.0h	17.24	F	--- *I Sheena Adkins	4/11/2006	Cedar Cliff
19	17.34		P	--- *I Caitlin Sullivan	5/11/2007	Mid Penn TF Championship
20	17.40		F	--- *I Kristen Long	3/3/2003	2003 TF Season
Girls 300m Hurdles						
1	43.68		F	--- *I Rachael DeCecco	5/16/2014	District 3 TF Championship
2	43.98		F	--- *I Taylor Jede	5/26/2017	PIAA State TF Championship
3	44.61		F	--- *I Alex Braxton	5/14/2010	Mid Penn TF Championship
4	44.82		F	--- *I Kristen Jones	3/1/2004	2004 TF Season
5	44.92		F	--- *I Paige Geatz	5/15/2015	District TF Championship
6	46.23		F	--- *I Cora Heilman	5/4/2021	Carlisle vs Cumberland Valley
7	47.27		F	--- *I Ashley Ross	5/20/2022	District 3 TF Championship
8	47.40		F	--- *I Jenny Bail	4/23/2016	Shippensburg Invitational
9	47.5h	47.74	F	--- *I Tatia Wolfe	3/1/1982	1982 TF Season
10	48.59		F	--- *I Katherine Schneeberger	5/11/2007	Mid Penn TF Championship
11	48.5h	48.74	F	--- *I K Kosheba	3/2/1992	1992 TF Season
12	48.95		F	--- *I Caitlin Sullivan	4/28/2007	Stan Morgan Invitational
13	49.02		F	--- Sefa Setuagbe	5/6/2023	Stan Morgan Invitational
14	49.38		F	--- *I Sam Perry	4/12/2014	PanRam Invitational
15	49.2h	49.44	F	--- *I Mallory Johnson	4/4/2017	Carlisle
16	49.46		F	--- *I Jodi Vandercoy	3/5/2001	2001 TF Season
17	49.3h	49.54	F	--- *I Whitney Bielawa	5/6/2002	2002 TF Season
18	49.55		F	--- *I Ellie Heilman	5/14/2022	Mid Penn TF Championship
19	49.68		F	--- *I Sheena Adkins	5/14/2004	Mid Penn TF Championship
20	50.02		F	--- *I Bridget Carson	5/11/2007	Mid Penn TF Championship
Girls 400m Hurdles						
1	1:02.53		F	--- *I Rachael DeCecco	4/24/2014	Penn Relays
2	1:03.10		F	--- *I Taylor Jede	4/25/2019	Penn Relays
Girls 2000m StplCh						
1	8:10.02		F	--- *I Eva Karkuff	4/29/2011	Millersville Invitational
2	8:10.05		F	--- *I Kate Vonah	4/23/2022	Shippensburg Invitational
3	8:12.13		F	--- *I Ellie Heilman	4/22/2023	Shippensburg Invitational
4	8:13.11		F	--- *I Chloe Warrell	4/29/2022	Cy Fritz Track & Field Open
5	8:13.22		F	--- *I Ally Austen	4/23/2016	Shippensburg Invitational
6	8:13.67		F	--- *I Cora Heilman	4/17/2021	Shippensburg Invitational
7	8:14.40		F	--- *I Isabella Kolstad-Khan	4/17/2021	Shippensburg Invitational
8	8:25.13		F	--- *I Hali McKinleyLester	4/19/2014	Shippensburg Invitational
9	8:28.99		F	--- *I Katie Wiechelt	4/18/2009	Shippensburg Invitational
10	8:40.67		F	--- *I Beth Ryan	4/23/2016	Shippensburg Invitational
11	8:54.24		F	--- *I Alyssa Brown	4/18/2015	Shippensburg Invitational
12	8:58.67		F	--- McKenna Gerhart	4/29/2022	Cy Fritz Track & Field Open
Girls High Jump						
1	5-07.00	1.70m	F	--- *I Stacey Geyer	5/29/1998	PIAA State TF Championship
2*	5-02.00	1.57m	F	--- *I Jess Secrest	5/6/2002	2002 TF Season
2*	5-02.00	1.57m	F	--- *I Joyce Gingovan	5/25/1979	PIAA State TF Championship
2*	5-02.00	1.57m	F	--- *I Alex Braxton	3/30/2010	Chambersburg
2*	5-02.00	1.57m	F	--- *I Heather Dembowski	3/1/1988	1988 TF Season
2*	5-02.00	1.57m	F	--- *I Erin Meckler	5/2/2015	Stan Morgan
2*	5-02.00	1.57m	F	--- *I Anna Post	3/27/2021	Tim Cook Invitational

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8*	5-00.00	1.52m	F	--- *I Kristina Scott	4/7/2015	Carlisle
8*	5-00.00	1.52m	F	--- *I Mary Whitehead	5/19/1989	District 3 TF Championship
8*	5-00.00	1.52m	F	--- *I Autumn Otto	4/1/2014	Chambersburg
11	4-11.00	1.49m	F	--- *I Ashley Ross	4/12/2022	Central Dauphin vs Cumberland Valley
12*	4-10.00	1.47m	F	--- *I Jacqueline Grever	4/12/2016	Carlisle
12*	4-10.00	1.47m	F	--- *I Ava Garno	5/12/2018	Mid Penn TF Championship
12*	4-10.00	1.47m	F	--- *I Savannah Steger	4/11/2017	Chambersburg
12*	4-10.00	1.47m	F	--- Kylie Robinson	4/9/2022	Coatesville Invitational
12*	4-10.00	1.47m	F	--- *I Ava Shaffer	4/1/2023	Bruce Dallas Invitational
12*	4-10.00	1.47m	F	--- Alicia So	4/23/2022	Shippensburg Invitational
12*	4-10.00	1.47m	F	--- *I Iris Saltus	4/1/2008	Bishop McDevitt
12*	4-10.00	1.47m	F	--- *I Rachael DeCecco	3/29/2011	Carlisle
12*	4-10.00	1.47m	F	--- *I Jill Blansett	3/2/1992	1992 TF Season
12*	4-10.00	1.47m	F	--- *I Ellen Mortiz	4/27/2004	Red Land
Girls Pole Vault						
1	10-10.00	3.30m	F	--- *I Kathleen Silverman	4/12/2018	State College
2	10-07.00	3.22m	F	--- *I Skyler Hardt	5/5/2015	CD East
3*	10-06.00	3.20m	F	--- Chloe Pyles	3/29/2022	Harrisburg vs Cumberland Valley
3*	10-06.00	3.20m	F	--- *I Savannah Steger	4/20/2019	Shippensburg Invitational
3*	10-06.00	3.20m	F	--- *I Kelly Fischer	4/19/2008	Shippensburg Invitational
3*	10-06.00	3.20m	F	--- *I Jennifer Dibert	4/16/2013	Central Dauphin
7	10-03.00	3.12m	F	--- *I Emma Brackett	4/18/2015	Shippensburg Invitational
8*	10-00.00	3.04m	F	--- *I Kaitlin Meckler	4/18/2009	Shippensburg Invitational
8*	10-00.00	3.04m	F	--- *I Haley Royer	4/23/2013	Harrisburg
10*	9-06.00	2.89m	F	--- *I Brianna Drapp	4/23/2013	Harrisburg
10*	9-06.00	2.89m	F	--- *I Kaylee Bangs	4/11/2013	Mifflin County
10*	9-06.00	2.89m	F	--- *I Kate DeVries	4/20/2019	Shippensburg Invitational
13	9-03.00	2.81m	F	--- *I Lauren Reilly	5/11/2007	Mid Penn TF Championship
14*	9-00.00	2.74m	F	--- *I Sarah Beth Hoover	4/20/2010	Harrisburg
14*	9-00.00	2.74m	F	--- *I Sara Houser	5/1/2018	CD East
14*	9-00.00	2.74m	F	--- *I Olivia Barbacci	4/2/2022	Bruce Dallas Invitational
17*	8-06.00	2.59m	F	--- *I Whitney Bielawa	4/15/2004	Harrisburg
17*	8-06.00	2.59m	F	--- *I Alina Yates	4/11/2023	Altoona
19*	8-00.00	2.43m	F	--- *I Renee Wynegar	3/28/2006	Carlisle
19*	8-00.00	2.43m	F	--- *I Katelyn John	3/3/2003	2003 TF Season
Girls Long Jump						
1	17-10.75	5.45m	F	--- *I Sarah Lehman	5/9/2017	Mifflin County
2	17-10.50	5.44m	F	--- *I Rachael DeCecco	4/6/2013	Bruce Dallas Invitational
3	17-09.00	5.41m	F	--- *I Alex Braxton	4/6/2010	Cedar Cliff
4*	17-05.00	5.30m	F	--- *I Gina Lukoskie	4/18/2017	Harrisburg
4*	17-05.00	5.30m	F	--- Alicia So	4/26/2022	State College
6	17-04.00	5.28m	F	--- *I Maria Ratnasamy	5/7/2019	Central Dauphin
7	17-02.50	5.24m	F	--- *I Anna Post	5/20/2022	District 3 TF Championship
8	17-02.25	5.23m	F	--- *I Nikki Hench	5/21/1993	District 3 TF Championship
9	17-00.50	5.19m	F	--- *I Sarah Kosenske	5/10/2014	Mid Penn TF Championship
10	17-00.00	5.18m	F	--- *I Gia Scignoli	3/2/1987	1987 TF Season
11	16-07.00	5.05m	F	--- Chloe Pyles	4/26/2022	State College
12	16-05.50	5.01m	F	--- *I Regan Craig	4/26/2016	Mifflin County
13	16-04.50	4.99m	F	--- *I Ally Deck	4/14/2009	Harrisburg
14*	16-03.75	4.97m	F	--- *I Kayla Honeysett	5/12/2018	Mid Penn TF Championship

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14*	16-03.75	4.97m	F	--- *I Katelyn John	3/1/2004	2004 TF Season
16	16-03.00	4.95m	F	--- *I Anna Hull	4/26/2016	Mifflin County
17*	16-01.00	4.90m	F	--- *I Taylor Jede	4/18/2017	Harrisburg
17*	16-01.00	4.90m	F	--- Aaminah Xayachak	5/6/2023	Stan Morgan Invitational
17*	16-01.00	4.90m	F	--- *I Kelly Fischer	4/17/2008	Chambersburg
20	16-00.00	4.87m	F	--- *I Caitlin Wallace	4/10/2012	Central Dauphin
Girls Triple Jump						
1	39-01.50	11.92m	F	--- *I Sarah Kosenske	5/10/2014	Mid Penn TF Championship
2	37-04.50	11.39m	F	--- *I Sarah Lehman	5/20/2016	District TF Championship
3	37-00.00	11.27m	F	--- Chloe Pyles	5/20/2022	District 3 TF Championship
4	36-07.00	11.15m	F	--- *I Alex Braxton	5/4/2010	CD East
5	35-07.50	10.85m	F	--- *I Mackenzie Robertson	3/28/2017	Central Dauphin
6	35-06.00	10.82m	F	--- Alicia So	4/14/2022	Chambersburg
7	35-04.25	10.77m	F	--- *I Maria Ratnasamy	4/3/2021	Bruce Dallas Invitational
8	34-08.50	10.57m	F	--- *I Krystal Morrison	4/7/2012	Bruce Dallas Invitational
9	34-06.25	10.52m	F	--- *I S Beatty	3/4/1996	1996 TF Season
10	34-03.00	10.43m	F	--- *I Claire Jackson	4/9/2013	Carlisle
11	34-00.00	10.36m	F	--- *I Kelly Fischer	4/17/2008	Chambersburg
12*	33-10.00	10.31m	F	--- *I Joanne Pokrzywa	4/6/2010	Cedar Cliff
12*	33-10.00	10.31m	F	--- *I Holly Flaig	4/26/2016	Mifflin County
12*	33-10.00	10.31m	F	--- *I Gina Lukoskie	4/6/2019	Bruce Dallas Invitational
15	33-09.00	10.28m	F	--- *I Kennedy Snook	5/7/2019	Central Dauphin
16*	33-08.00	10.26m	F	--- *I Meredith Mills	3/2/1987	1987 TF Season
16*	33-08.00	10.26m	F	--- *I Anna Post	3/30/2021	Harrisburg vs Cumberland Valley
18*	33-07.50	10.24m	F	--- *I B Hacker	3/2/1992	1992 TF Season
18*	33-07.50	10.24m	F	--- *I Cara Beere	5/4/2010	CD East
20*	33-06.00	10.21m	F	--- *I L Blosser	3/1/1999	1999 TF Season
20*	33-06.00	10.21m	F	--- *I Jenna Orner	5/4/2010	CD East
Girls Shot Put						
1	40-04.00	12.29m	F	--- *I Holly Travous	3/1/2004	2004 TF Season
2	39-07.50	12.07m	F	--- *I Lisa Batcheler	3/7/1983	1983 TF Season
3	38-09.00	11.81m	F	--- *I Kyra Love	5/19/2023	District 3 TF Championship
4	36-05.00	11.10m	F	--- *I Charis Lu	5/17/2013	District 3 TF Championship
5	35-10.50	10.93m	F	--- *I Meredith Kadjeski	4/30/2013	State College
6	35-04.00	10.77m	F	--- *I Heather Werner	5/18/1990	District 3 TF Championship
7	35-02.00	10.71m	F	--- *I Pam Driscoll	5/17/1991	District 3 TF Championship
8	35-00.00	10.66m	F	--- Aubrey Orsinger	4/25/2023	Carlisle
9	34-10.00	10.61m	F	--- *I Lauren Mariano	4/27/2010	Central Dauphin
10	34-09.00	10.59m	F	--- *I Mikaela Wolf	5/4/2021	Carlisle vs Cumberland Valley
11	34-06.25	10.52m	F	--- *I Kara Emrich	5/19/1995	District 3 TF Championship
12	34-04.50	10.47m	F	--- *I Kim Roarbaugh	3/7/1994	1994 TF Season
13	34-02.50	10.42m	F	--- *I Megan Gannon	4/16/2019	Chambersburg
14	33-11.25	10.34m	F	--- *I Kristi Koplin	4/29/2004	Chambersburg
15*	33-09.00	10.28m	F	--- *I Avery Bowers	5/8/2010	Cedar Cliff Relays
15*	33-09.00	10.28m	F	--- *I Sydney Wellman	5/3/2022	Carlisle
17	33-05.00	10.18m	F	--- *I Carson Devitt	5/4/2019	Stan Morgan
18	33-04.25	10.16m	F	--- *I Ashley Ocamb	4/11/2006	Cedar Cliff
19	33-02.75	10.12m	F	--- *I Brooke Halcomb	3/27/2013	CD East
20	32-11.00	10.03m	F	--- *I Lauren Bellows	5/3/2022	Carlisle

Cumberland Valley Track and Field

Individual Top Marks Outdoors Only

Number of Top Times: 20

	Mark	Convert	Rnd	Name	Age/Yr	
Girls Discus						
1	125-00.00	38.10m	F	--- *I Kristi Koplin	5/28/2004	PIAA State TF Championship
2	120-08.00	36.77m	F	--- *I Jenny Ziegelmeier	3/5/1984	1984 TF Season
3	119-09.00	36.50m	F	--- *I Arianna Moyer	5/2/2015	Stan Morgan
4	118-00.00	35.96m	F	--- *I Lauren Bellows	5/20/2022	District 3 TF Championship
5	117-07.00	35.83m	F	--- *I Heather Werner	3/4/1991	1991 TF Season
6	115-07.00	35.23m	F	--- *I Charis Lu	5/6/2014	State College
7	108-09.00	33.14m	F	--- *I Katie Rimpfel	4/29/2008	Harrisburg
8	108-05.00	33.04m	F	--- *I Ashley Ocamb	3/28/2006	Carlisle
9	108-04.00	33.02m	F	--- *I Kyra Love	4/11/2023	Altoona
10	108-02.00	32.96m	F	--- *I Shannon McCurdy	5/3/2008	Cedar Cliff Relays
11	107-07.00	32.79m	F	--- *I Tammy Buckley	5/22/1987	District 3 TF Championship
12	106-08.00	32.51m	F	--- *I Mikaela Wolf	4/10/2021	Coatesville Invitational
13	103-03.00	31.47m	F	--- *I Sydney Wellman	3/28/2023	Chambersburg
14	100-06.00	30.63m	F	--- *I Lauren Mariano	4/20/2010	Harrisburg
15	98-08.00	30.07m	F	--- *I Chaelan Stier	4/28/2018	Cedar Cliff Relays
16*	98-07.00	30.04m	F	--- *I Brooke Halcomb	4/30/2013	State College
16*	98-07.00	30.04m	F	--- *I Natalie Lepri	5/13/2017	Mid Penn TF Championship
18	96-04.00	29.36m	F	--- *I K Soule	3/4/1991	1991 TF Season
19	95-09.00	29.18m	F	--- *I Anna Hartman	4/9/2019	State College
20	95-08.00	29.15m	F	--- *I Kim Roarbaugh	3/4/1991	1991 TF Season
Girls Javelin						
1	143-01.00	43.61m	F	--- *I Alejandra Willequer	5/1/2010	Stan Morgan Invitational
2	123-11.00	37.77m	F	--- *I Erin Miller	5/24/2019	PIAA State TF Championship
3	123-08.00	37.69m	F	--- *I Mikaela Wolf	4/10/2021	Coatesville Invitational
4	122-10.00	37.44m	F	--- *I Shelia Blosser	3/1/2004	2004 TF Season
5	121-02.00	36.93m	F	--- *I Autumn Otto	5/15/2015	District TF Championship
6	110-09.00	33.75m	F	--- *I Lauren Mariano	4/12/2008	2008 Pan Ram Invitational
7	106-03.00	32.38m	F	--- Aubrey Orsinger	5/13/2023	Mid Penn TF Championship
8	104-01.00	31.72m	F	--- *I Emma Grever	5/5/2015	CD East
9	102-00.00	31.09m	F	--- *I Arianna Moyer	4/7/2015	Carlisle
10	100-07.00	30.65m	F	--- *I Monique Williams	5/14/2005	Mid Penn TF Championship
11	100-00.00	30.48m	F	--- *I Kaitlin Meckler	4/20/2010	Harrisburg
12	99-09.00	30.40m	F	--- *I Serina Catalano	4/17/2008	Chambersburg
13	98-00.00	29.87m	F	--- *I Kyra Love	4/15/2023	Coatesville Invitational
14	97-08.50	29.78m	F	--- *I Charis Lu	3/27/2014	Mifflin County
15	94-02.00	28.70m	F	--- *I Cara Notarfrancesco	3/3/2003	2003 TF Season
16	91-11.00	28.01m	F	--- *I Kristi Koplin	4/15/2004	Harrisburg
17	91-02.00	27.78m	F	--- *I Bianca Correll	4/12/2018	State College
18	90-10.00	27.68m	F	--- *I Laura Solomn	4/25/2006	Central Dauphin
19	90-02.50	27.49m	F	--- *I Kristina Scott	4/21/2015	Mifflin County
20	90-00.00	27.43m	F	--- *I Carson Devitt	4/6/2019	Bruce Dallas Invitational
Girls Javelin Pre 2002 Jav						
1	121-05.75	37.02m	F	--- *I Pam Driscoll	3/4/1991	1991 TF Season
2	115-05.00	35.17m	F	--- *I Kim Bricker	3/7/1983	1983 TF Season
3	114-08.00	34.95m	F	--- *I Chrissy Miller	5/20/1988	District 3 TF Championship
4	104-05.00	31.82m	F	--- *I Kim Roarbaugh	3/4/1991	1991 TF Season
5	102-01.00	31.11m	F	--- *I Cara Notarfrancesco	5/6/2002	2002 TF Season
6	82-01.00	25.01m	F	--- *I N Barad	3/2/1992	1992 TF Season
7	77-06.00	23.62m	F	--- *I C Barry	3/2/1992	1992 TF Season

Cumberland Valley Track and Field

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Number of Top Times: 20

	Mark	Convert	Rnd	Name	Age/Yr
8	68-03.00	20.80m	F	--- *I L Beistline	3/4/1991 1991 TF Season