

# 2023 NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 <b>Wrestling</b> 3:45-5:30pm	01 HS Weight Room 3:15-5 PM	02 <b>Wrestling</b> 3:45-5:30pm	03	04
05	06 Weight Certification 315 PM Eagle View	07 <b>Wrestling</b> 3:45-5:30pm	08 HS Weight Room 3:15-5 PM	09 <b>Wrestling</b> 3:45-5:30pm	10	11 The Surge Tourney - State College
12 Wounded Warrior Tourney - Newport	13	14 <b>Wrestling</b> 3:45-5:30pm	15 HS Weight Room 3:15-5 PM	16 Team Meal 6:00pm Eagle View Cafeteria	17 No School Today No Practice	18 No Practice
19	20 Practice: 3:45-6:00pm Eagle View 1st Official Practice	21 Practice: 3:45-6:00pm	22 Early Dismissal Practice: 11:30am-1:30pm	23 Happy Thanksgiving No Practice	24 No School Today Practice: 9-11am	25 Practice: 9-11am
26	27 No School Today Practice: 3:45-6:00pm	28 Practice 3:45-6:00pm Uniform Issue	29 Practice: 3:45-6:00pm	30 Practice: 3:45-6:00pm	1 Support to Boys Kickoff Classic	2 Support to Boys Kickoff Classic

## NOV 2023 – CV Girls Wrestling Practice Schedule Updated 10/26/2023