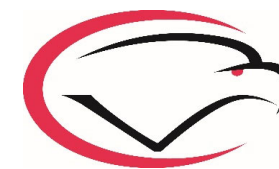


2023 September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30 Information Meeting HS Cafeteria 3:15-4:30 PM	31	1	02
03	04	05 Wrestling 3:45-5:30 PM	06 HS Weight Room 3:15-5 PM	07 Wrestling 3:45-5:30 PM	08	09 NAWE Girls Tourney Spooky Nook
10	11	12 Wrestling 3:45-5:30 PM Eagle Wrestling Club Fundraiser Chipotle-6-8PM	13 HS Weight Room 3:15-5 PM	14 Wrestling 3:45-5:30 PM	15	16
17	18	19 Wrestling 3:45-5:30 PM	20 HS Weight Room 3:15-5 PM	21 Wrestling 3:45-5:30 PM	22	23 Takedown on the Turf Elizabethtown HS
24	25	26 Wrestling 3:45-5:30 PM	27 HS Weight Room 3:15-5 PM	28 Wrestling 3:45-5:30 PM	29	30

CVHS Girls Wrestling Preseason Training Schedule
updated 8/16/23