JUNIOR RESERVE OFFICERS' TRAINING CORPS (JROTC)

Senior Army Instructor - COL (Ret) Seagreaves Army Instructor - SFC (Ret) Vargas

U.S. Army Junior ROTC is a full-credit, high school elective with the mission to motivate young people to be better citizens. This is accomplished by developing six core abilities: building your capacity for life-long learning; communication skills; taking responsibility for your choices and actions; service to others; treating self and others with respect; and applying critical thinking skills. There is NO military obligation associated with this course and the skills are useful for any future career.

Scheduling Notes: JROTC is available to students in all grades. All students must begin with Leadership Education and Training 1 (LET-1). Subsequent courses are sequential with students able to take JROTC courses all four years of high school if they desire to do so. The LET 3 & 4 courses are Honors Courses.

2001 Leadership Education and Training (LET) 1

1 Credit

Course Prerequisite: None* Grade 9-12

LET-1 introduces the student to the JROTC program including its mission and goals, military customs and courtesies, rank and organization, and extracurricular opportunities. The majority of this course focuses on providing the student with foundations for success, including: self-awareness; personal learning styles; and study, communication, and conflict resolution skills. LET-1 also provides an introduction to leadership theory and its application.

2002 Leadership Education and Training (LET) 2

1 Credit

Course Prerequisite: LET 1*

Grade 10-12

LET-2 addresses achieving a healthy lifestyle, including basic principles of good nutrition, fundamentals of first aid, and drug awareness. The course introduces map reading skills and explores citizenship in American history and government.

2003 Leadership Education and Training (LET) 3

1 Credit (Honors)

Course Prerequisite: LET 2 or Department permission after LET 1*

Grade 11-12

LET-3 builds on the previous two courses and covers various leadership strategies, including decision-making and problem-solving processes, and additional foundations for success. These include: public speaking, managing conflict, career/college exploration and planning, time-management, goals and goal setting, and financial planning. In LET-3, students assume higher level leadership roles within the student chain of command.

2004 Leadership Education and Training (LET) 4

1 Credit

Course Prerequisite: LET 2 & 3*

(Honors)

Grade 12

LET-4 is the capstone course in the JROTC program. It completes and integrates the previous instruction with a focus on applied citizenship and leadership. LET-4 students assume primary leadership roles and responsibilities

within the student chain of command, provide supervised instruction to LET 1 cadets, and mentor and assist younger students. LET-4 involves numerous individual and group projects.

* Prerequisites: In addition to the course prerequisites listed above, all students must meet the following standards to be enrolled in JROTC and to continue in the program. Cadets must maintain an acceptable standard of academic achievement and standing, and not have excessive absences. They must also maintain an acceptable standard of conduct, including demonstrating honesty, self-reliance, self-discipline, and respect for constituted authority through observance of laws, rules, and regulations. Students must wear the cadet uniform and participate in the physical fitness program one day each week. At the discretion of the Senior Army Instructor, and with the approval of the high school principal, cadets not meeting these standards may be disenrolled from the program.

DESIRED LEARNING OUTCOMES:

At the end of the LET course, students should be able to:

- 1. Demonstrate knowledge of the ethical values and principles which underlie good citizenship and leadership practices.
- 2. Display the ability to live and work cooperatively with others as part of an effective team; apply appropriate techniques for managing behavior and resolving conflicts in order to promote good relations with others.
- 3. Demonstrate the ability to think critically and to communicate effectively in writing, public speaking and in group settings.
- 4. Explain the importance of physical fitness, diet, and life-style choices in maintaining good health. Develop a physical training program and successfully complete the Cadet Challenge.
- Recognize the role of an individual and leader in accepting cultural and ethnic diversity, and preventing discrimination.
- 6. Explore and apply leadership styles and behaviors necessary to influence, manage, lead and motivate others.
- 7. Demonstrate knowledge of your responsibilities as a leader and basic skills in leading squad and platoon drills.
- 8. Demonstrate knowledge of basic first aid and injury prevention.
- 9. Recognize the effects that alcohol, drugs, and tobacco have on users both immediately and in the future, and how to avoid use.
- 10. Explore how the human brain works and its effects on people's learning styles.
- 11. Describe and demonstrate techniques for working as a member of a group to reach and execute a decision.
- 12. Recognize the importance of historical events in developing our Constitution and government; and in shaping the role of America in the world.
- 13. Identify and apply study skills and test-taking strategies to succeed in academic classes.

METHODOLOGY

- 1. Student-centered learning
- 2. Class discussions
- 3. Practical exercises, group work, and hands-on training.
- 4. Guest speakers and/or field trips.
- 5. Completion and submission of assignments as directed by the instructor.
- 6. Leadership experience gained through unit organization duties and responsibilities

JROTC COURSE REQUIREMENTS

- 1. Completion of all homework assignments and projects.
- 2. Maintenance of a LET notebook and portfolio.
- 3. Completion of marking period examinations and other graded work, including uniform inspections and physical training.

JROTC EXTRACURRICULAR ACTIVITIES

- 1. **DRILL TEAM and COLOR GUARD** The Drill Team and Color Guard execute precision drill and ceremonies as demonstrations for school and community events, carry the American flag for sporting events and ceremonies, and compete in annual JROTC drill competitions.
- 2. **RAIDER TEAM** The Raider Team is a physical fitness and adventure skills team which competes in annual JROTC competitions. The team's training and competition promote leadership, teamwork, and self-confidence among JROTC cadets.
- 3. **ACADEMIC TEAM AND LEADERSHIP TEAM** The Academic Team and Leadership Team compete in annual on-line competitions among JROTC programs nationwide.
- 4. **SERVICE LEARNING PROJECTS AND COMMUNITY SERVICE** Cadets plan, organize, and execute a variety of intra-curricular projects throughout the year for the benefit of the school and community.