

CUMBERLAND VALLEY NUTRITIONAL SERVICE	OCTOBER LUNCH	HIGH SCHOOL MENU	
		BREAKFAST – 1.85 LUNCH - \$3.00 2 nd MEAL - \$3.25	ADULT - \$2.30 ADULT - \$4.00 MILK - \$.60

	September 30	October 1	October 2	October 3	October 4
Pizza Line	Wedge or Stuffed Crust Pizza	Wedge or Stuffed Crust Pizza	Wedge or Stuffed Crust Pizza	Wedge or Stuffed Crust Pizza	Wedge or Stuffed Crust Pizza
World Café Line (2 lines)	<u>Asian Week</u>	<u>Asian Week</u>	<u>Asian Week</u>	<u>Asian Week</u>	<u>Asian Week</u>
Entrée Line (2 lines)	Buffalo Chicken Cheese Sticks	Chicken Quesadilla	Pizza Crunchers	Beef Rib B Que Sliders	Stromboli
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger	Chicken Patty	Bacon Cheeseburger	Spicy Chicken Patty	Fish Sandwich
Veggie	Oven Fries	Steamed Broccoli	Baked Beans	Steamed Green Beans	Steamed Carrots

	October 7	October 8	October 9	October 10	October 11
Pizza Line	Wedge or Fiesta Pizza	Wedge or Fiesta Pizza	Wedge or Fiesta Pizza	Wedge or Fiesta Pizza	NO SCHOOL – ACT 80 DAY
World Café Line (2 lines)	<u>Breakfast 4 Lunch</u> French Toast w/ Sausage & Hash Browns	<u>Breakfast 4 Lunch</u> Chicken N Waffles	<u>Breakfast 4 Lunch</u> Egg Sandwich Bar w/ Ham, Bacon or Sausage	<u>Breakfast 4 Lunch</u> French toast w/ Sausage & Hash Browns Pierogies	
Entrée Line (2 lines)	Chicken Tenders	Texas Toast Grilled Cheese	All Beef Hot Dogs	Sub, Sandwich, Wrap or Salad	
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap, or Salad		
Sandwich of the Day	Cheeseburger	Chicken Patty	Bacon Cheeseburger	Spicy Chicken Patty	
Veggie	Mashed Potatoes w/ Gravy	Tomato Soup	Baked Beans	Steamed Corn	

	October 14	October 15	October 16	October 17	October 18
Pizza Line	NO SCHOOL COLUMBUS DAY	Wedge or French Bread Pizza	Wedge or French Bread Pizza	Wedge or French Bread Pizza	Wedge or French Bread Pizza
World Café Line (2 lines)		<u>Pasta Week</u> Meatballs	<u>Pasta Week</u> Chicken	<u>Pasta Week</u> Choice of Sauce	<u>Pasta Week</u> Chicken
Entrée Line (2 lines)		Chicken Quesadilla	Pizza Crunchers	Taco Bar	Stromboli
Deli Line		Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day			Chicken Patty	Bacon Cheeseburger	Spicy Chicken Patty
Veggie		Steamed Broccoli	Baked Beans	Steamed Carrots	Steamed Green Bean

	October 21	October 22	October 23	October 24	October 25
Pizza Line	Wedge or Personal Pizza	Wedge or Personal Pizza	Wedge or Personal Pizza	Wedge or Personal Pizza	Wedge or Personal Pizza
World Café Line (2 lines)	American Week Popcorn Chicken	<u>American Week</u> Cheese Stuffed Bread Sticks	<u>American Week</u> Oven Roasted Chicken	<u>American Week</u> Meatball Sub	<u>American Week</u> Buffalo Wing Bar
Entrée Line Line 1 Line 2	Popcorn Chicken	Cheese Stuffed Bread Sticks	Oven Roasted Chicken Philly Cheese Steak	Hot Ham & Cheese Sandwich Pork BBQ	Spaghetti w/ Meatballs Loaded Nacho Bar
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger	Chicken Patty	Bacon Cheeseburger	Spicy Chicken Patty	Fish and Cheese Sandwich
Veggie	Mashed Potato w/ Gravy	Steamed Peas	Corn	Hash Brown	Baked Beans

Sandwich Line also has PBJ and Vegetarian Option each day

Each Meal comes with Choice of Milk
 Choice of 2 fruits (fresh, canned or juice)
 Choice of 2 Vegetables (Steamed, Baked, Fresh Salad or Fresh Veggie Pack)
 Each Meal must have a least 1 fruit or vegetable to be a complete meal