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| CUMBERLAND VALLEY NUTRITIONAL SERVICE | <h1 style="color: red;">OCTOBER BREAKFAST</h1> | ELEMENTARY MENU BREAKFAST – 1.85 ADULT - \$2.30 LUNCH - \$2.75 ADULT - \$4.00 SECOND MEAL - \$3.00 MILK - \$.60 |
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| | September 30 – Day 6 | October 1 – Day 1 | October 2 – Day 2 | October 3 – Day 3 | October 4 – Day 4 |
|-----------------|--|--|--|--|--|
| CHOICE 1 | WG Maple Mini Pancakes | Sausage Breakfast Pizza | Bacon, Egg and Cheese on WG Muffin | WG Pop Tart | WG Cinnamon Roll |
| CHOICE 2 | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt |

| | October 7 – Day 5 | October 8 – Day 6 | October 9 – Day 1 | October 10 – Day 2 | October 11 |
|-----------------|--|--|--|--|---------------------------|
| CHOICE 1 | WG French Toast Sticks | WG Assorted Muffin | Egg Cheese on WG Biscuit | Yogurt Parfait w/ Granola | NO SCHOOL – ACT 80 DAY |
| CHOICE 2 | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | |

| | October 14 | October 15 – Day 3 | October 16 – Day 4 | October 17 – Day 5 | October 18 – Day 6 |
|-----------------|---------------------------|--|--|--|--|
| CHOICE 1 | NO SCHOOL COLUMBUS DAY | Bacon Pizza Scramble | Bacon, Egg & Cheese on WG Muffin | WG Pop Tart | WG Cinnamon Roll |
| CHOICE 2 | | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt |

| | October 21 – Day 1 | October 22 – Day 2 | October 23 – Day 3 | October 24 – Day 4 | October 25 – Day 5 |
|-----------------|--|--|--|---|--|
| Choice 1 | WG French Toast Sticks | WG Assorted Muffin | Sausage Egg & Cheese on WG Biscuit | Strawberry / Banana Smoothie w/ Graham Crackers | Assorted Frudel |
| Choice 2 | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal w/ Cheese Stix or Yogurt | Assorted Cereal W/ Cheese Stix or Yogurt | Assorted Cereal W/ Cheese Stix or Yogurt | Assorted Cereal W/ Cheese Stix or Yogurt |

STUDENTS HAVE A CHOICE OF 2 FRUITS. (ONLY 1 FRUIT CHOICE CAN BE A JUICE)