

|  |                            |   |  |
|--|----------------------------|---|--|
| CUMBERLAND VALLEY<br>NUTRITIONAL SERVICE | <b>SEPTEMBER<br/>LUNCH</b> | HIGH SCHOOL MENU  |  |
|  |                            | BREAKFAST – 1.85<br>LUNCH - \$3.00<br>2 <sup>nd</sup> MEAL - \$3.25 | ADULT - \$2.30<br>ADULT - \$4.00<br>MILK - \$.60 |

|                                  | September 2                    | September 3                  | September 4                  | September 5                  | September 6                  |
|----------------------------------|--------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>Pizza Line</b>                |                                | Wedge or Stuffed Crust Pizza | Wedge or Stuffed Crust Pizza | Wedge or Stuffed Crust Pizza | Wedge or Stuffed Crust Pizza |
| <b>World Café Line (2 lines)</b> | <b>NO SCHOOL<br/>LABOR DAY</b> | <u>Asian Week</u>            | <u>Asian Week</u>            | <u>Asian Week</u>            | <u>Asian Week</u>            |
| <b>Entrée Line (2 lines)</b>     |                                | Chicken Quesadilla           | Pizza Crunchers              | Texas Beef Rib BQ Sandwich   | Stromboli                    |
| <b>Deli Line</b>                 |                                | Sub, Sandwich, Wrap or Salad | Sub, Sandwich, Wrap or Salad | Sub, Sandwich, Wrap or Salad | Sub, Sandwich, Wrap or Salad |
| <b>Sandwich of the Day</b>       |                                | Chicken Patty                | Bacon Cheeseburger           | Spicy Chicken Patty          | Fish Sandwich                |
| <b>Veggie</b>                    |                                | Steamed Broccoli             | Baked Beans                  | Steamed Green Beans          | Steamed Carrots              |

|                                  | September 9   | September 10                                  | September 11  | September 12  | September 13  |
|----------------------------------|---|---|---|---|---|
| <b>Pizza Line</b>                | Wedge or Fiesta Pizza   | Wedge or Fiesta Pizza                         | Wedge or Fiesta Pizza   | Wedge or Fiesta Pizza   | Wedge or Fiesta Pizza                               |
| <b>World Café Line (2 lines)</b> | <u>Breakfast 4 Lunch</u><br>French Toast w/ Sausage & Hash Browns | <u>Breakfast 4 Lunch</u><br>Chicken N Waffles | <u>Breakfast 4 Lunch</u><br>Egg Sandwich Bar w/ Ham, Bacon or Sausage | <u>Breakfast 4 Lunch</u><br>French toast w/ Sausage & Hash Browns | <u>Breakfast 4 Lunch</u><br>Funnel Sticks w/ Yogurt |
| <b>Entrée Line (2 lines)</b>     | Chicken Tenders   | Texas Toast Grilled Cheese                    | All Beef Hot Dogs   | Pierogies   | Lasagna   |
| <b>Deli Line</b>                 | Sub, Sandwich, Wrap or Salad                                      | Sub, Sandwich, Wrap or Salad                  | Sub, Sandwich, Wrap, or Salad   | Sub, Sandwich, Wrap or Salad                                      | Sub, Sandwich, Wrap or Salad                        |
| <b>Sandwich of the Day</b>       | Cheeseburger  | Chicken Patty                                 | Bacon Cheeseburger  | Spicy Chicken Patty   | Fish and Cheese Sandwich                            |
| <b>Veggie</b>                    | Mashed Potatoes w/ Gravy  | Tomato Soup                                   | Baked Beans   | Steamed Corn  | Steamed Peas  |

|                                  | September 16                    | September 17                   | September 18                 | September 19                         | September 20                 |
|----------------------------------|---------------------------------|--------------------------------|------------------------------|--------------------------------------|------------------------------|
| <b>Pizza Line</b>                | Wedge or French Bread Pizza     | Wedge or French Bread Pizza    | Wedge or French Bread Pizza  | Wedge or French Bread Pizza          | Wedge or French Bread Pizza  |
| <b>World Café Line (2 lines)</b> | <u>Pasta Week</u><br>Meat sauce | <u>Pasta Week</u><br>Meatballs | <u>Pasta Week</u><br>Chicken | <u>Pasta Week</u><br>Choice of Sauce | <u>Pasta Week</u><br>Chicken |
| <b>Entrée Line (2 lines)</b>     | Chicken Nuggets                 | Chicken Quesadilla             | Pizza Crunchers              | Taco Bar                             | Stromboli                    |
| <b>Deli Line</b>                 | Sub, Sandwich, Wrap or Salad    | Sub, Sandwich, Wrap or Salad   | Sub, Sandwich, Wrap or Salad | Sub, Sandwich, Wrap or Salad         | Sub, Sandwich, Wrap or Salad |
| <b>Sandwich of the Day</b>       | Cheeseburger                    | Chicken Patty                  | Bacon Cheeseburger           | Spicy Chicken Patty                  | Fish Sandwich                |
| <b>Veggie</b>                    | Oven Fries                      | Steamed Broccoli               | Baked Beans                  | Steamed Carrots                      | Steamed Green Bean           |

|                                  | September 23                     | September 24  | September 25                           | September 26                          | September 27                               |
|----------------------------------|----------------------------------|---|--|---------------------------------------|--|
| <b>Pizza Line</b>                | Wedge or Personal Pizza          | Wedge or Personal Pizza                             | Wedge or Personal Pizza                | Wedge or Personal Pizza               | Wedge or Personal Pizza                    |
| <b>World Café Line (2 lines)</b> | American Week<br>Popcorn Chicken | <u>American Week</u><br>Cheese Stuffed Bread Sticks | <u>American Week</u><br>Chicken Sticks | <u>American Week</u><br>Meatball Sub  | <u>American Week</u><br>Buffalo Wing Bar   |
| <b>Entrée Line Line 1 Line 2</b> | Popcorn Chicken                  | Cheese Stuffed Bread Sticks                         | Chicken Sticks<br>Philly Cheese Steak  | Hot Ham & Cheese Sandwich<br>Pork BBQ | Spaghetti w/ Meatballs<br>Loaded Nacho Bar |
| <b>Deli Line</b>                 | Sub, Sandwich, Wrap or Salad     | Sub, Sandwich, Wrap or Salad                        | Sub, Sandwich, Wrap or Salad           | Sub, Sandwich, Wrap or Salad          | Sub, Sandwich, Wrap or Salad               |
| <b>Sandwich of the Day</b>       | Cheeseburger                     | Chicken Patty                                       | Bacon Cheeseburger                     | Spicy Chicken Patty                   | Fish and Cheese Sandwich                   |
| <b>Veggie</b>                    | Mashed Potato w/ Gravy           | Steamed Peas  | Corn                                   | Hash Brown                            | Baked Beans                                |

Sandwich Line also has PBJ and Vegetarian Option each day

Each Meal comes with

- Choice of Milk
- Choice of 2 fruits (fresh, canned or juice)
- Choice of 2 Vegetables (Steamed, Baked, Fresh Salad or Fresh Veggie Pack)
- Each Meal must have a least 1 fruit or vegetable to be a complete meal