



HIGH SCHOOL LUNCH CARB COUNT

BREAKFAST – 1.75 ADULT - \$2.20
LUNCH - \$2.90 ADULT - \$3.95
MILK - \$.60

	April 22	April 23	April 24	April 25	April 26
Pizza Line	Wedge (23.8)or French (23.1g) Bread Pizza	Wedge or French (23.1g)Bread Pizza	Wedge or French Bread Pizza	Wedge or French Bread Pizza	Wedge or French Bread Pizza
World Café Line	Pasta Week (40g) Meat sauce (9g)	Pasta Week (40g) Meatballs (4g)	Pasta Week (40g) Chicken (1g)	Pasta Week Primavera	Pasta Week Chicken
Entrée Line	Chicken Nuggets (10g)	Cheese Calzone (34g)	Pizza Crunchers (21g)	Taco Bar	Chicken Quesadilla (37g)
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger (33g)	Chicken Patty (13g + 29g)	Bacon Cheeseburger (33g)	Spicy Chicken Patty (17g + 29g)	Fish Sandwich (16g + 29g)
Vegetable	Oven Fries (20g)	Steamed Broccoli (6.4g)	Baked Beans (21g)	Steamed Carrots (6g)	Steamed Green Beans (5.8g)

	April 29	April 30	May 1	May 2	May 3
Pizza Line	Wedge (23.8g) or Personal (46g)Pizza	Wedge or Personal (46g)Pizza	Wedge or Personal Pizza	Wedge or Personal Pizza	Wedge or Personal Pizza
World Café Line	American Week Popcorn Chicken (18g)	American Week Cheese Stuffed Bread Sticks (32g)	American Week Hot Turkey Sandwich	American Week Meatball Sub (4g +26g +9g)	American Week Buffalo Wing Bar
Entrée Line	Popcorn Chicken (18g)	Cheese Stuffed Bread Sticks (32g)	Hot Turkey Sandwich	Hot Ham & Cheese Sand (1g + 2g +29g)	Spaghetti & Meatballs (40g +4g)
Line 2	Chicken Cheddar Cheese Sub (27g +?)	Buffalo Chicken Wrap	Philly Cheese Steak (3g + 2g+28g)	Pork BBQ (29g + 16g)	Loaded Nachos Bar
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger (33g)	Chicken Patty (13g + 29g)	Bacon Cheeseburger (28g)	Spicy Chicken Patty (17g + 29g)	Fish and Cheese Sandwich (16g+2g+29g)
Vegetable	Mashed Potatoes w/ Gravy (26g)	Steamed Peas (11g)	Steamed Corn (15g)	Steamed Peas (11g)	Baked Beans (21g)

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

	May 6	May 7	May 8	May 9	May 10
Pizza Line	Wedge(23.8g) or Stuff Crust Pizza (52g)	Wedge (23.8g) or Stuff Crust Pizza(52g)	Wedge (23.8g) or Stuff Crust Pizza(52g)	Wedge(23.8g) or Stuff Crust Pizza(52g)	Wedge (23g) or Stuffed Crust Pizza (52g)
World Café Line	Asian Week	Asian Week	Asian Week	Asian Week	Asian Week
Entrée Line	Buffalo Chicken Cheese Sticks	Stromboli	Pizza Crunchers (21g)	Texas Beef Rib BQ (31g)	Chicken Quesadilla (37g)
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger (33g)	Chicken Patty (13g + 29g)	Bacon Cheeseburger (33g)	Spicy Chicken Patty (17g + 29g)	Fish Sandwich (16g + 29g)
Vegetable	Oven Fries (20g)	Steamed Broccoli (6.4g)	Baked Beans (21g)	Steamed Green Bean (5.8g)	Steamed Carrots (6g)

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

	May 13	May 14	May 15	May 16	May 17
Pizza Line	Wedge (23.8g) or Mexican Pizza (43g)	Wedge (23.8g) or Mexican Pizza (43g)	Wedge(23.8g) or Mexican Pizza (43g)	Wedge(23.8) or Mexican Pizza (43g)	Wedge (23.8g) or Mexican Pizza (43g)
World Café Line	Breakfast 4 Lunch French Toast Sticks w/ Sausage & Hash Browns (34g+13g+14g)	Breakfast 4 Lunch Western Omelet bake w/ Fried Potatoes	Breakfast 4 Lunch Egg Sandwich Bar w/ ham, Bacon, or Sausage	Breakfast 4 Lunch French Toast Sticks w/ Sausage & Hash Browns	Breakfast 4 Lunch Breakfast Burrito (25g)
Entrée Line	Chicken Tenders (16g)	Texas Toast (28g/2sl) Grilled Cheese (2g/2s)	All Beef Hot Dog (26g)	Pierogis (33g)	Lasagna (26g)
Deli Line	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap, or Salad	Sub, Sandwich, Wrap or Salad	Sub, Sandwich, Wrap or Salad
Sandwich of the Day	Cheeseburger (33g)	Chicken Patty (13g + 29g)	Bacon Cheeseburger (33g)	Spicy Chicken Patty (17g + 29g)	Fish and Cheese Sandwich(16g+2g+29g)
Vegetable	Mashed Potatoes w/ Gravy (26g)	Tomato Soup (20g)	Baked Beans (21g)	Steamed Corn (15g)	Steamed Peas (11g)

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

- Each Meal comes with: Choice of Milk
- Choice of 2 fruits (fresh, canned or juice)
- Choice of 2 Vegetables (Steamed, Baked, Fresh Salad or Fresh Veggie Pack)
- Each Meal must have a least 1 fruit or vegetable to be a complete meal