

ELEMENTARY LUNCH CARB COUNT

	April 22	April 23	April 24	April 25	April 26
CHOICE 1	Chicken Nuggets (10g)	Cheese Ravioli (23g) w/ Breadstick (27g)	Bacon Cheese Burger (28g)	Cheese Pizza (46g)	Scrambled Eggs w/ French Toast Stix
CHOICE 2	Turkey & Cheese Sand. (28g)	Cheese Stuffed Breadsticks (46g)	All Beef Hot Dog (26g)	Straw/ Banana Yogurt Boat	Fish Sandwich (16g + 25g)
CHOICE 3	Yogurt Cup w/ Scooby Snacks (44g)	Ham & Cheese Pretzel Sand. (33g)	Peanut Butter & Jelly Sand.(69g)	Turkey & Cheese Sand.(28g)	Peanut Butter & Jelly Sand.(69g)
CHOICE 4	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
VEGETALBES	Oven Fries (20g)	Steamed Broccoli (6.4g)	Baked Beans (21g)	Steamed Carrots (6g)	Hash Brown Potato
WED. TREAT			Hershey IC Sundae		

	April 29	April 30	May 1	May 2	May 3
CHOICE 1	Chicken Patty (13g +25g)	Soft Taco w/ toppings	Hot Turkey Sandwich	Big Daddy's Cheese Pizza (23.8g)	Grilled Cheese (27.8g)
CHOICE 2	Cheese Burger (27g)	Pizza Crunchers (21g)	Beef Rib B Que (31g)	Corn Dog (18g)	Chicken Quesadilla (37g)
CHOICE 3	Yogurt Cup w/ Scooby Snacks (44g)	Ham & Cheese Pretzel Sand. (33g)	Peanut Butter & Jelly Sand.(69g)	Turkey & Cheese Sand (28g)	Peanut Butter & Jelly Sand.(69g)
CHOICE 4	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
VEGETABLES	Potato Tots (22.62g)	Steamed Corn (15g)	Mashed Potatoes w/ Gravy (26g)	Baked Beans(21g)	Tomato Soup (20g)
WED. TREAT			Hershey's Ice Cream		

	May 6	May 7	May 8	May 9	May 10
CHOICE 1	Chicken Strips (14g)	Sweet & Sour Chicken (18g) w/Rice (11g) Roll (15g)	Pizza Crunchers (21g)	Personal Pizza (46g)	Macaroni & Cheese (25g) w/ Roll (15g)
CHOICE 2	Turkey & Cheese Sand(28g)	Cheese Stuffed Breadstick (46g)	All Beef Hot Dog (26g)	Straw/ Banana Yogurt Parfait	Fish Sticks. (11g)
CHOICE 3	Yogurt Cup w/ Scooby Snacks(44g)	Ham & Cheese Pretzel Sand.(33g)	Peanut Butter & Jelly Sand.(69g)	Turkey & Cheese Sand.(28g)	Peanut Butter & Jelly Sand.(69g)
CHOICE 4	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
VEGETABLES	Oven Fries (20g)	Steamed Broccoli (6.4g)	Baked Beans (21g)	Green Beans (5.8g)	Steamed Carrots (6g)
WED. TREAT			Mini Rice Krispy Treat		

	May 13	May 14	May 15	May 16	May 17
CHOICE 1	CV Chicken Bowl (18 +26 + 15g)	Walking Taco's w/ Toppings (24g)	Meatball Parmesan Sub (4+26+9g)	French Bread Pizza (23.1g)	Mini Pierogis (44g)
CHOICE 2	Cheese Burger (27g)	Pizza Crunchers (21g)	Chicken Patty (13g +25g)	Pretzel dog	Dinner Roll (15g)
CHOICE 3	Yogurt Cup w/ (44g) Scooby Snacks	Ham & Cheese Pretzel Sand. (33g)	Peanut Butter & Jelly Sand.(69g)	Turkey & Cheese Sand (28g)	Cheese Burger (27g)
CHOICE 4	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Peanut Butter & Jelly Sand.(69g)
VEGETALBES	Mashed Potatoes w/ Gravy (26g)	Refried Beans (25g)	Steamed Peas (11g)	Steamed Corn (15g)	Chef Salad
WED. TREAT			Cookie		Steamed Green Beans (5.8g)

STUDENTS CAN HAVE 2 VEGGIES & 2 FRUITS

FRESH SALAD AND VEGGIE PACKS OFFERED DAILY
CHOICE OF FRESH OR CANNED FRUIT OR JUICE